

# Dental Care Routine Tracker

Daily brushing is ideal — even 2–3x weekly helps. Use pet-specific toothpaste only.

| Week of: _____ | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|----------------|-----|-----|-----|-----|-----|-----|-----|
| Brushing       |     |     |     |     |     |     |     |
| Dental chew    |     |     |     |     |     |     |     |
| Water additive |     |     |     |     |     |     |     |
| Gum check      |     |     |     |     |     |     |     |

## Warning signs to watch (see a vet if noticed)

| Done                     | Item                      |
|--------------------------|---------------------------|
| <input type="checkbox"/> | Bad breath                |
| <input type="checkbox"/> | Red or bleeding gums      |
| <input type="checkbox"/> | Drooling or dropping food |
| <input type="checkbox"/> | Pawing at mouth           |
| <input type="checkbox"/> | Loose or discolored teeth |

Daily Pet Care Hub — free printable. General information only; not a substitute for veterinary advice.